



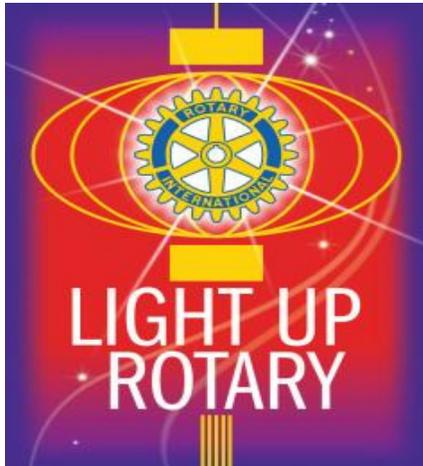
ROTA NEWS

Sept 18, 2014

Rotary Club of Barbados, Barbados

Chartered March 07, 1962

District 7030



R.I Theme 2014-2015

R.I. OFFICERS

President

Gary C. K. Huang

President Elect

K. R. Ravindran

Rotary Foundation Assistant Regional Rotary Foundation Coordinator-Zone 34
PDG David Edwards



THE FOUR WAY TEST

Of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

DISTRICT OFFICERS

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Elwin Atmodimedjo

District Governor Elect

Milton Inniss

District Governor Nominee

Roger Bose

Assistant Governor (Barbados)

Sonya Alleyne

District Grants

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Council of Legislation

PDG Tony Watkins

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Vice President

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H. Waldo Clarke

Vocational Service Director

Kim Tudor

Community Service Director

Shawn Franklin

International Service Director

Lisa Cummins

Youth Service Director

Neal Griffith

Immediate Past President

Ron Davis

Sergeant-At-Arms

Vic Fernandes

Weekly meetings on **Thursdays** at

Hilton Barbados

Needham's Point, Aquatic Gap, St. Michael

at 12 p.m.

P.O. Box 148B, Brittons Hill,

St. Michael, Barbados

www.clubrunner.ca/barbados

THE ROTARY CLUB OF BARBADOS WELCOMES ALL VISITING ROTARIANS AND GUESTS

Today is a Fellowship Meeting when we especially welcome the members of our Interact and Rotaract Clubs as part of our September - New Generations Month - **"OPENING ARMS TO OUR YOUTH"**

A presentation will be made by Curtis Cornelius, the current president of the UWI Rotaract Club, on his experiences at the 2014 Rotaract District Conference held during July in Suriname.

The Greeters today are Past Director Dr. Adrian Sealy and Past Ambassadorial Scholarship Chair Dr. John Mayers

Dr. Adrian Sealy joined the Club on April 30, 1992. His Classification is Chiropractic. It may be said that until now, **"he has escaped being President."** He has served as Director of Community Service 1996-97, Club Service 1997-98 and Vocational Service 1998-99; Deputy Director Community Service 2002-03, Chairman Children's Homes 1995-96, Environment 2000-01 and 2002-03 Challenged/Senior Citizens.



Dr. John Mayers joined the Club on February 01, 1981. His Classification is Education - Universities. Over the years he has served as the Chair of the *ad hoc* Committee reviewing Scholarships applications. Our Clubs have been fortunate in having our nominees selected for a number of Ambassadorial Scholarships. Dr. John has had the opportunity to attend a briefing session in Florida with one of the successful candidates. He has been a member of the various committees including Attendance, Vocational Service, Donations/Investigations and International Service. He was awarded a Paul Harris Fellowship in 2009.



Curtis Cornelius was born in 1992 in the twin island state of Antigua & Barbuda. Before coming to UWI Cave Hill in 2013 he studied at the Antigua State College (ASC), Advanced Level Department. In 2010 he was awarded a scholarship to the Kingdom of Morocco where he enrolled in the Université Mohammed V. At this institution all courses offered were taught in French so to be able to study Droit

en Francais (Law) it was necessary to complete a year of French. After two years at the University (one year of French and one year of Moroccan Law) he moved back to Antigua and Barbuda, before heading to the University of the West Indies, Cave Hill Campus to read for a degree in Bachelor of Laws programme. He is passionate about Rotaract and the special place The Rotaract Club of UWI Cave Hill, in particular, has in his heart as it acts as a constant repository of support and rejuvenation in the quest to be an all rounded, considerate and effective leader.

FOR THOSE WHO MISSED THE FORUM ON SATURDAY, SEPTEMBER 11; HERE ARE THE HIGHLIGHTS.

The anti-bullying initiative is a national campaign to raise the awareness of the many forms of bullying and in particular cyber-bullying which has grown almost out of control and is affecting many students and young adults in Barbados today.

The Guest Speaker was introduced by Rotarian Annie, who is the Chairperson of the Anti-Bullying Initiative



Shawn Clarke is the founder member and Chief Executive Officer of Supreme Counselling for Personal Development. He holds qualifications in Social Psychology and Counselling. Shawn is one of two certified Olweus Bullying Prevention Trainers and Consultants in the entire Caribbean.

Olweus Definition of Bullying:

"Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself."

OBPP Teacher Guide, p. xii

Three Key Components of Bullying Behavior

1. Involves an aggressive behavior
2. Typically involves a pattern of behavior repeated over time
3. Involves an imbalance of power or strength

"Bullying is peer abuse." Dan Olweus

Why address bullying?

For students and their future (mental & physical health)

For a healthy school climate (academic achievement)

For the larger community risk management for schools

It's a wise investment

It's the law

Concerns about Children who bully

Children who bully are more likely to:

Get into frequent fights

Be injured in a fight

Steal, vandalize property

Drink alcohol, smoke

Be truant, drop out of school

Report poorer academic achievement

Perceive a negative climate at school

Carry a weapon

There is also reason to be concerned about children who bully their peers. Researchers have found bullying behavior to be related to other antisocial, violent, or troubling behaviors. They are more likely than their non-bullying peers to . . . Bullying may be a collection of "gateway behaviors", that if not stopped, could become illegal anti-social behaviors in adulthood.

References: TG, p. 22; SWG Doc. 1, p. 14.

Continued next page

Meeting Details

Thursday, September 11, 2014– Guest Speaker
Sergeant-At-Arms: PP Vic Fernandes

- Attendance - 60%
- Raffle - \$143.00
- Winner – PP Dr. W. Grenville Phillips
- Fines - \$213.00

THE ANTI BULLYING INITIATIVE PART 2

Children Who Bully

Bullying may be part of a conduct-disordered behavior pattern. This pattern may continue into young adulthood.

Olweus study: Male youth who bullied others in middle school were 4 times as likely to have 3 or more convictions by age 24.

Frequent or persistent bullying behavior is commonly considered to be part of a conduct-disordered behavior pattern. This pattern may continue into young adulthood if not checked.

Longitudinal study in Norway-- 60% of boys identified as bullying others in middle school had at least 1 criminal conviction by the age of 24; 35% to 40% had 3 or more convictions. Those who bullied were 3 to 4 times as likely as non-bullying peers to have multiple convictions by their early 20s. This study only included boys, but similar patterns may hold true for girls¹.

References: TG, p. 22 & SWG Doc. 1, p. 14.

1. Olweus, Dan, *Bullying at School: What We Know and What We Can Do* (Oxford, UK: Blackwell Publishing, 1993).

Effects of Bullying on Bystanders

Bystanders may feel:

Afraid

Powerless to change the situation

Guilty for not acting

Diminished empathy for bullied students over time

Why else be concerned? One other compelling reason is the effect that bullying may have on bystanders or witnesses to bullying, who make up a much larger proportion of students in a school.

NOTE: Reduced empathy can result in bystanders joining in/siding with the child who bullies, rather than intervening to help or support bullied students.

Effects of Bullying on School Climate

Creates a climate of fear and disrespect

Interferes with student learning

Students may feel insecure and not like school as well

Students may perceive a lack of control/caring from adults

How Much Do YOU Know About Bullying?

Ask participants to take part in a 5- items true/false quiz

- Studies suggest that fewer than 10% of children are involved in bullying problems in elementary, middle or high school.
- Students are more likely to be bullied in high school than in elementary or middle school.
- The vast majority of children who are bullied tell a teacher or other member of the school staff.
- Bullying is just as likely on the way to and from school as during school hours.
- Most students who observe bullying don't think they should get involved.

Note that all the statements are FALSE

MISDIRECTIONS IN BULLYING PREVENTION AND INTERVENTION

- Simple, short-term solutions
- "Program du jour approaches"
- Group treatment for children who bully
- Anger management or self-esteem enhancement for children who bully
- Zero tolerance policies for bullying
- Selecting inappropriate supplemental materials
- Mediation/conflict resolution to resolve bullying issues

Continued over

THE ANTI BULLYING INITIATIVE PART 2 CON'T

The Olweus Bullying Prevention Program

First systematic research on bullying conducted in early 1970s. OBPP part of Norway's national campaign against bullying in early 1980s.

The most-researched and best-known bullying prevention program available today.

Program developed by Dr. Dan Olweus, a researcher at the University of Bergen in Norway. Dr. Olweus is often referred to as the "father" of research on bullying. He conducted the first systematic research on bullying in the early 1970s.

OBPP was first introduced in 1983 as part of a nationwide campaign against bullying problems in Norway. The introduction of the program was motivated by concern about the suicides of three young boys in the northern part of Norway who had been bullied by their peers.

References: SWG pp. 4-5; TG pp. 4-5.

For an overview of the research and original program model, see Bullying at School by Dan Olweus (Oxford, UK: Blackwell Publishing, 1993).

OBPP is a universal, school-wide effort involving all adults and students in a school community (not only teachers but administrators, counselors, cafeteria staff, custodial staff, bus drivers, librarians, parents, and community members who interact with the school).

OBPP Focuses on:

The school as a *system* (and aspects of the system that support or discourage bullying) and also on *individual* behavior – serving K-12. (Note: Older info may say that OBPP is an elementary & middle school program only—we have data showing promising results in the use of OBPP in high schools--we now have training materials for use in high schools.)

Preventing bullying *and* also how to intervene effectively in bullying problems that may arise.

Changing climate and social norms so that bullying isn't "cool" and no children are marginalized or excluded.

Has a strong and growing research base;

Importantly, the program has no end-date. Should be woven into the fabric of the school.

OBPP is not . . .

- curriculum (a set of lessons to teach)
- conflict resolution or peer mediation
- classroom management technique
- anger management program
- suicide prevention program
- short term effort (1 or 2 years)

Goals of OBPP

- To reduce existing bullying problems among students
- To prevent the development of new bullying problems
- To achieve better peer relations at school

How are these goals met?

By restructuring the school environment so that both *opportunities* and *rewards* for bullying behavior are reduced.

References: SWG p. 1; TG p. 1; SWG Video Part I.

THE ANTI BULLYING INITIATIVE PART 2 TO BE CONTINUED NEXT WEEK

SEPTEMBER

New Generations Month

"OPENING ARMS TO OUR YOUTH"

UP-COMING EVENTS

Sep 20 - Beach Clean Up—Morgan Lewis

Sep 25 - Guest Speaker

Oct 02 - Guest Speaker

Oct 23 - PoWA - Dinner Meeting

RYLA - November

Nov 13 - Nominations - Board -2015-16 - PE 2016-17

GREETERS

Sept 25 - Past Presidents Elvin Sealy & Erskine Thompson

Oct 02 - PP Grenville and Director Waldo

OUR VISITORS

September 11 - GUEST SPEAKER

Media

Stacia Brathwaite - STARCOM Network Inc

Ryan Gilkes - Barbados Today

Ricardo Leacock - Nation Publishing

Renaldo Sargeant - CBC

Guests

Shawn Clarke - Guest Speaker

Joseph "Reds" Perreira - St. Lucia - Robin Ford

Maggie Daniel - Chair Winston Warren

Andrea McKenzie - PP John

Cheryl Franklin - Director Shawn

Emelda Browne - PP Michael

Wanda Griffith - Director Neal

Donna Clarke - Director H. Waldo

Heather Robinson - PE Jedder

Rev. Canon Noel Burke - PP John Cabral

Gerard Borley - President Alex

Winslow Skeete - Toronto - PP Tony Williams

Charles Skeete - Ottawa - PP Tony Williams

Kenneth Gittens - PP Algie

SEPTEMBER - NEW GENERATIONS MONTH

Visit an Interact or Rotaract Club!

UWI Rotaract

Every Saturday at 12.30 p.m. during the Semester

St Michael Interact

2:30pm on Fridays, upstairs in Room 5.3.

Codrington Interact

2.10 p.m. Wednesday, Humanities Room, opposite the Library— twice monthly

ROTARY GRACE

O Lord and giver of all things good
We thank Thee for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days.

Announcements

Wedding Anniversaries

Past Secretary Clifford Clarke & Eileen

Sep 27, 2000

Birthdays - Rotarians

Norman Barrow

Sep 19

David Harding

Sep 20

Nicholle Manz-Baazaoui

Sep 20

Birthdays - Partners in Service

Usha Amin - Sanjay

Sep 21

Join Date Anniversaries

None this week

THIS SATURDAY!!!

BEACH CLEAN UP - SATURDAY, SEPTEMBER 20

Once again this year, the Rotaract and Interact clubs sponsored by our club will join forces to participate in the annual beach clean up day organised by the Environmental Protection Department ("EPD").

We will meet at 6:00am, September 20th at the Conrad Hunte Pavilion, Shorey Village. St. Andrew. From there we will head over to the Morgan Lewis Beach for approximately 2 hours of work and fellowship.

Director H. Waldo

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster:

- FIRST: The development of acquaintance as an opportunity of service;
- SECOND: High ethical standards in business and professions, the recognition and the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD: The application of the ideal of service in each Rotarian's personal, business and community life; and
- FOURTH: The advancement of the international understanding, goodwill and peace through a world of fellowship of business and professional persons united in the ideal of service.

Bulletin Editor: *Michael Wilson Browne*